



SCHWINN[®] FITNESS

Schwinn[®] Authentic Cycling

The Schwinn Authentic Cycling series bikes and MPower consoles have raised the bar in indoor ride technology. Our new generation of equipment provides enhanced user fit and bike feel, the breakthrough ability to measure user work in watts and calories during class rides and a modern look. This powerful combination sets the stage for the best group cycling experience available.

Schwinn Quick Fit System

Schwinn's Quick Fit will put nearly every rider on an A.C. series bike in a comfortable, correct position:

1. Adjust the seat and handlebar fore/aft adjustments to the neutral (0) position
2. Adjust the seat height even with the hip bone when standing next to the bike
3. Adjust the handlebar height even with (or slightly higher than) the seat height
4. Ride!

Schwinn Performance Handlebars with Ergo Loop, aero bar, a 12 degree incline and dual handlebar mounted water bottle holders

3 Position fore-aft adjustments on seat and handlebars

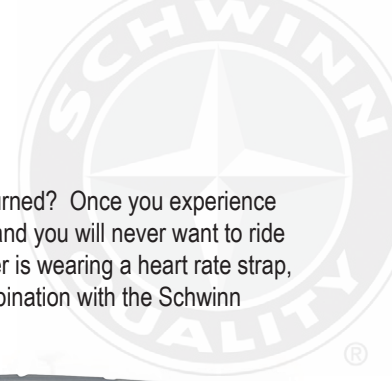
1/2" height increments on seat and handlebars

Virtual Contact Resistance Technology eliminates friction and wear with no change in performance over time

Triple Link Pedal compatible to accommodate Look and SPD style cleats

Lightweight aluminum frame on the AC Performance model

Schwinn[®] A.C.[™] Performance



Schwinn MPower™ Console V2

Would you run on a treadmill that did not provide you with measurements such as time, speed, distance and calories burned? Once you experience the Schwinn MPower Console V2, you will wonder how you ever rode group cycle bikes without these measurements, and you will never want to ride without them again. The MPower Console V2 provides RPM, stage and total time measurements, and in addition if rider is wearing a heart rate strap, HR and calories burned are also displayed. The MPower Console V2 becomes even more powerful when used in combination with the Schwinn Power Upgrade, which allows it to provide Watts, speed, distance and calories based on Watts.

Pre-Ride Calibration

When the Pre-Ride Calibration option is enabled, the console will walk riders through a few simple steps to calibrate the Watt sensor before they start their workout. Performing a calibration before every ride ensures consistent Wattage measurement and feedback every time.

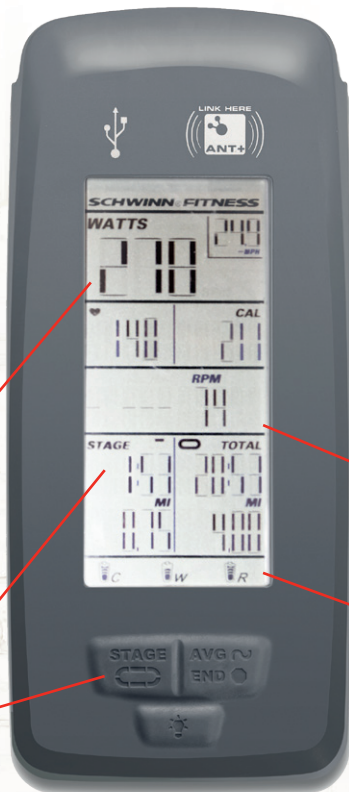
User Metrics Provided

- Cadence (RPM)
- Time
- Telemetry Heart Rate
- Kcal
- Watts
- Speed
- Distance

Speed and distance are calculated directly from watts - unlike other bike computers that equate speed and distance to RPMs. Higher speed and longer distance is achieved by working harder - thus real effort is rewarded.

Stage Reset

'Stage' measures can be reset during a ride, making it easier to set multiple in-class segments.



Data Capture

A first for indoor cycling computers, console provides two ways for users to memorialize their workout data and take it with them:

- USB Memory Stick
- ANT+ Wireless Devices

LCD Screen with button-activated backlight measures 1.7" W x 3.7" H (4.5 cm W x 9.4 cm H).

New Battery Icons

The display now has individual battery icons to display the remaining charge in the RPM sensor, the Watt sensor, and the Console.

Improved Size and Position of Metrics

Watts, Time and Distance measurements are larger for better readability. When used without the power upgrade, the RPMs measure is moved to the top of the display and enlarged to highlight this measure.

Schwinn® Indoor Cycling Bike Comparison

	A.C.™ PERFORMANCE	A.C.™ SPORT	IC PRO™
Frame	Aluminum	Zinc-plated Steel	Zinc-plated Steel
Virtual Contact™ Resistance Technology	✓	✓	
Schwinn® MPower™ Console V2 Option	✓	✓	
Smart Release™	✓	✓	
SPD / Toe Clip Pedals	Standard	Standard	Optional
Bottle Holders & Fore-Aft Adjustment On Handlebars	✓	✓	
Weight	106 lbs (48 kg)	126 lbs (57 kg)	130 lbs (59 kg)
Color	Pearl White	Deep Silver	Standard Silver

Schwinn A.C.™ Sport



Schwinn IC Pro™

